



YMCA

We build strong kids,  
strong families, strong communities.



**RELEASE OF LIABILITY, WAIVER OF CLAIMS,  
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

**BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN  
LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE!**

**PLEASE READ CAREFULLY!**

**Chatham-Kent Family Young Men's Christian Association ("YMCA")  
Bulldog Triathlon events – August 22<sup>nd</sup>  
& 23<sup>rd</sup>, 2009  
Participant Waiver**

\_\_\_\_\_  
Participant name (print clearly)

\_\_\_\_\_  
(street)

\_\_\_\_\_  
(city, province, postal code)

**DESCRIPTION OF RISKS**

I am aware that there are physical risks and hazards inherent in my participation in the triathlon events at the Bulldog Triathlon events being hosted by the YMCA, including my use of equipment such as a bicycle.

The risks and hazards of triathlon events include, but are not limited to:

- injuries from executing strenuous and demanding physical activity including running, bicycling and swimming;
- injuries from collisions with barricades, fencing, and other course markers, tables and other equipment in use along the course, or the equipment used by myself and other participants, falls to the road, beach or other elements of the course, or inhalation of water;
- injuries from physical contact with other participants or people supplying water, food or other services along the course;
- injuries from my failure to properly use any of the triathlon equipment; and
- injuries resulting from the mechanical failure of any of the triathlon equipment.

Furthermore, I am aware:

- that injuries sustained in triathlon events can be severe and even fatal;
- that the rules posted for the events are designed to enhance the safety of myself and others and are to be followed at all times; and
- that my risk of injury increases as I become fatigued.



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\_\_\_\_\_ (participant initials)

**RELEASE**

I agree to be solely responsible for any injury, loss or damage which I might sustain while participating in triathlon events and while using any equipment at triathlon events, and I agree to release the YMCA and the Chatham "Y" Pool Sharks and their respective directors, officers, employees, instructors, coaches, students, volunteers and members of all responsibility for such injury, loss or damage.

**ACKNOWLEDGEMENT**

I acknowledge that I do not have any medical conditions that would prevent participation in triathlon events.

I acknowledge that I have adequate health insurance to cover the costs of treatment in the event of any injury.

I acknowledge that I shall pay any attorney fees or costs incurred by the YMCA or the Chatham "Y" Pool Sharks in enforcing this Agreement.

If any portion of this Agreement is held to be invalid by a court of law, then it is agreed and intended that all the remainder shall, notwithstanding, continue in full force and effect.

I acknowledge that I have read this agreement and that I fully understand, appreciate and accept the physical risks associated with my participation in triathlon events and my use of triathlon equipment at the Bulldog Triathlon 2009.

\_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Printed Name of Parent or Legal  
Guardian of Participant

\_\_\_\_\_  
Signature of Parent or Legal  
Guardian of Participant

\_\_\_\_\_  
Printed Name of Witness

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date

\_\_\_\_\_  
Bib #